City of Fairburn Work Session
Agenda

July 10, 2023
6:00 PM

The Honorable Mayor Mario Avery

The Honorable Mayor Pro-Tem Linda J. Davis	The Honorable Pat Pallend
The Honorable Alex Heath	The Honorable Ulysses J. Smallwood
The Honorable Hattie Portis-Jones	The Honorable James Whitmore
Mr. Tony Phillips	City Administrator
Mr. Rory Starkey	City Attorney
Ms. Brenda B. James	City Clerk

I. Meeting Called to Order: The Honorable Mayor Avery

II. Roll Call: City Clerk

III. Agenda Items:

1. **Mental Health Awareness Discussion (Human Resources)**

IV. Adjournment:

When an Executive Session is required, one will be called for for the following Issues:
(1) Personnel (2) Real Estate or **(3) Litigation**

CITY OF FAIRBURN
WORK SESSION AGENDA ITEM

SUBJECT: **Mental Health Awareness Discussion**

ITEM TYPE: Presentation

SUBMITTED: 07/05/2023 **WORK SESSION:** 07/10/2023 **COUNCIL MEETING:** N/A

DEPARTMENT: Human Resources

BUDGET IMPACT: N/A

PUBLIC HEARING: No

PURPOSE:
To discuss mental health awareness and the collaboration of public safety within the community.

HISTORY:
Mental health has an impact on an individual's quality of life and is connected to our emotional, psychological, and social well-being. Due to the increasing number of individuals experiencing symptoms of mental health, the effect on families, local communities, and workplace cultures are also evolving.

FACTS AND ISSUES:
Promoting mental health awareness in an effort to destigmatize mental health conditions increases the connection with others and helps communities support one another. Additionally, due to the increase in public safety's response to behavioral/mental health calls, communities with more mental health resources can help ease the strain on first responders and emergency services.

FUNDING SOURCE:
There is no funding cost associated with this discussion.

RECOMMENDED ACTION:
N/A

ATTACHMENTS:
1. Mental Health Awareness Presentation_07.10.23

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Mental Health Awareness Discussion

Collaboration of Public Safety, the Community, and City Personnel

July 10, 2023

MEET THE PRESENTERS:

Anthony Bazydlo is a Georgia Post Certified General Instructor and serves as the Police Chief for the City of Fairburn Police Department.

Cornelius Robinson is a Georgia Fire Academy General Instructor and serves as the Fire Chief for the City of Fairburn Fire Department.

Pamela Braxton is a Licensed Clinical Social Worker and is the Community Outreach Coordinator/Therapist for Odyssey Family Counseling Center.

TaLisha Champagne is a certified Professional in Human Resources and serves as the Human Resources Director for the City of Fairburn.

Discussion Objectives:

- Provide definition of mental health
- Common mental health diagnoses
- Discuss mental health stigma
- Provide tools for coping skills/which include self-care
- Public Safety & mental health in the community
- Discuss mental health wellness for City staff

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Let's Talk About Mental Health!

- **How do we define mental health?**
- **What are the common mental health diagnoses?**
- **What is the stigma of mental health?**
- **What are coping skills for mental health?**

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- Role of public safety in the community
- Public Safety Personnel Training
- Responding to mental health calls
- Mental Health call statistics
- Public Safety collaboration
- Community collaboration

Public Safety and Mental Health in the Community

Mental Health in the Workplace!

- **City's Wellness Program**
- **City's Employee Assistance Program (EAP)**
- **City's medical benefit plan**
- **Importance of employee support**

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For information on Mental Health Resources:

- **National Suicide Prevention Lifeline: (800) 273-8255**
- **Georgia Crisis & Access Line: (800) 715-4225**
- **National Alliance on Mental Illness (NAMI) Georgia Helpline: (770) 408-0625 or by email at helpline@namiga.org**

Questions:

Mental Health Awareness Discussion

Collaboration of Public Safety, the Community, and City Personnel